

Employee Assistance Program

EAP *with DCH*



- **WORK-LIFE RESOURCE AND REFERRAL**

THE EAP STAFF IS AVAILABLE TO PROVIDE CONFIDENTIAL COUNSELING, RESOURCES AND REFERRALS FOR A WIDE SPECTRUM OF CONCERNS. HERE ARE JUST A FEW EXAMPLES OF WHAT YOUR EAP CAN DO FOR YOU:

- COUNSELING SERVICES - INDIVIDUALS/COUPLES/CHILDREN
- SUBSTANCE ABUSE ASSESSMENTS AND REFERRAL
- CRISIS INTERVENTION
- DRUG-FREE WORKPLACE SUPPORT
- RESOLVING EMPLOYEE/SUPERVISOR CONFLICT
- CRITICAL INCIDENT DEBRIEFING AND TRAUMA RESPONSE
- TOBACCO CESSATION RESOURCES

- **WEBSITE:** WWW.POWERFLEXWEB.COM/1632/LOGIN.HTML

- **USERNAME:** CITY OF TUSCALOOSA

- **PHONE:** 205-759-7890 OR 1-866-840-0750