



CITY OF TUSCALOOSA

Access Health

City of Tuscaloosa

Employer Sponsored Health Clinic

Effective: April 1, 2016



*375 Riverchase Parkway East
Birmingham, AL 35244
800.797.9503
www.accesshealthonline.com*



What is Access Health?

- * Access Health offers a medical clinic sponsored by the City of Tuscaloosa to provide easy access to quality healthcare for their employees.
 - * The Access Health Clinic provides treatment for minor illness and injuries and basic preventative care.
- * Access Health covers Employees and family members that are covered under the City of Tuscaloosa health plan.
- * **When you visit the Access Health Clinic, identify yourself as an Access Health patient. Simply present your City Health Plan ID card and tell them you are an Access Health Clinic member. They will verify your eligibility prior to signing you in as a patient.**
- * Employees who visit the Access Health Clinic are able to take advantage of **acute** medical services with:
 - * No co-payment
 - * No deductible
 - * No out of pocket
 - * No waiting, as soon as an exam room is available
 - * No insurance claims are filed to your insurance for acute care

****The clinic will assess your condition and may refer you to a higher level care if needed. Insurance will be filed at that time.**





Access Health Treats...

Acute/Episodic Minor Care

Skin, Hair & Nails

- ✓ Acne
- ✓ Insect bites
- ✓ Cold sore
- ✓ Poison ivy
- ✓ Sunburn
- ✓ Wart removal
- ✓ Minor skin infections/rashes
- ✓ Minor laceration closure (stitches)
- ✓ Abscess incision & drainage

Respiratory Conditions

- ✓ Allergies
- ✓ Bronchitis
- ✓ Cough
- ✓ Colds
- ✓ Flu
- ✓ Sinus infections
- ✓ Sore throat
- ✓ Strep throat

Digestive Urinary

- ✓ Urinary tract infections (UTI)
- ✓ Bladder infections
- ✓ Diarrhea/nausea



Head, Eyes & Ears

- ✓ Ear aches
- ✓ Ear infections
- ✓ Fluorescein eye stain
- ✓ Pink eye
- ✓ Styes



Access Health Treats...

Preventive Health Care and Other Conditions

Office Visits

- ✓ Annual Physical Examinations
- ✓ Sports, Camp, College, Basic Physical Examinations
- ✓ Age specific testing
- ✓ X-ray (routine)
- ✓ Lab Testing (routine)

Immunizations & Shots

- ✓ Age appropriate for adults & children (refer to brochure for ages)
- ✓ Flu Shot
- ✓ Hepatitis A Vaccine
- ✓ Cortisone Shots (URI)
- ✓ Non-narcotic Pain Injections
- ✓ Injectable Antibiotics

Labs* – General Health Panel

- ✓ CBC
 - ✓ Glucose
 - ✓ Electrolytes
 - ✓ Renal (Kidney) Function
 - ✓ Liver (Lipid Profile)
 - ✓ Thyroid (TSH)
 - ✓ Quick Strep Profile
 - ✓ Quick Flu Profile
- *Labs are ordered by the clinic for their assessment.**

Orthopedic Care

- ✓ Skeletal X-rays
- ✓ Simple splinting
- ✓ Referrals for other orthopedic treatment





Frequently Asked Questions:

* **Who are the Access Health Clinicians?**

Physicians extenders who are licensed Nurse Practitioners or Physician Assistants. All are supported by primary physicians who provide oversight through a collaborative agreement. These clinicians have the ability to prescribe medications for conditions that are assessed at the Access Health Clinic.

* **Do I need an appointment?**

You do NOT need an appointment. The wait time is minimal. You will be moved to the head of the class as an Access Health member. However, scheduled appointments can be made.

* **Where is the Access Health Clinic Located?**

Tuscaloosa

Med Center South PC

5005 Oscar Baxter Drive
Tuscaloosa, AL 35405

Hours: M-Sat 9am-10pm
Sun 1pm-10pm

Treats children: Ages 12+

Tuscaloosa

Emergi-Care Clinic

1771 Skyland Blvd.
Tuscaloosa, AL 35405

Hours: M-Fri 8:30am-6pm
Sat 8am-Noon
Sun 8am-5pm

Treats children: Ages 12+

Northport

Med Center North PC

3909 McFarland Blvd.
Northport, AL 35476

Hours: M-Sat 9am-7pm
Sunday 1pm-7pm

Treats children: Ages 12+

Other Access Health Locations

Hoover

Med Center Hoover

1575 Montgomery Ave.
Hoover, AL 35216

Louisiana

22 Clinic Locations

Visit our Website at:

www.accesshealthonline.com

Demopolis

Med Center Demopolis PC

705 Highway 80 West
Demopolis, AL 36732

More to come.....

More to come.....

More to come.....



Key Points and Reminders

The purpose of the clinic is to treat you appropriately, effectively and quickly in order for you to return to work.

IMPORTANT:

- * Always remember when visiting the clinic to identify yourself as an Access Health patient.
- * You must have your medical ID card in order for Access Health to verify eligibility on the medical plan.
- * You do NOT need an appointment, Access Health patients are moved to the head of the class. However, scheduled appointments can be made.

REMEMBER:

- * The clinic only treats minor illnesses and injuries. Chronic conditions must be treated by your primary care doctor or specialist.
- * If you do not have a primary care doctor or specialist, the clinic will refer you to one.
- * The Access Health Clinic is not a free standing lab. The Access Health treating provider will need to evaluate your condition and perform labs in order to treat you appropriately.
- * After an Access Health assessment, if needed, prescriptions will be written for any minor conditions treated at the clinic.

Access Health Website

Please visit our website for a listing of services and a full overview of benefits for our Access Health Clinics.

www.accesshealthonline.com